



# Advertising

## **The Corporate Doctor**

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### **How do *you* prevent employee meltdown?**

Dealing effectively with severe stress in the workplace helps avoid absenteeism, poor work performance, job turnover, and costly anxiety-related disability and disease.

Stress-related illnesses cost U.S. corporations over \$200 billion a year. As many as 80 percent of worksite accidents are the result of stress. And up to 90 percent of visits to the doctor are stress related. Stress is a normal part of life and, if managed properly, energizes employees to meet seemingly impossible challenges. But severe stress is debilitating and interferes with performance. Carol Scott, MD, The Corporate Doctor, has developed a proven series of stress-related strategies and coping skills which successfully counteract the devastating and demoralizing effects of employee stress.

Limit employee stress-related liability. Contact Carol Scott, The Corporate Doctor, today for a free employee stress analysis.